



# MDTEC

Maryland Diagnostic & Therapeutic Endo Center  
621 Ridgely Avenue, Suite 101 (entrance in back of building)  
Annapolis, MD 21401  
**410-224-3636**

## Upper Gastrointestinal Endoscopy

The date of your EGD (esophagogastroduodenoscopy) is \_\_\_\_\_

Arrival time will be provided by a prep nurse 2-3 days prior to your procedure. Please bring your insurance card, photo ID, and a referral if necessary. If you do not have a referral, the procedure may be cancelled. You will receive sedation and must have someone 18 years old or older to accompany you and drive you home.  
If you are diabetic, please call our pre-op nurse for instructions (410-224-3636, ext 496).

**PLEASE READ THESE INSTRUCTIONS NOW AND AGAIN ONE WEEK PRIOR TO PROCEDURE.**

**7 DAYS PRIOR TO PROCEDURE:** Please check with your prescribing physician for approval to stop Coumadin and/or Plavix. Discontinue iron supplements, vitamin E, and all vitamin and herbal supplements.

**5 DAYS PRIOR TO PROCEDURE:** Discontinue Plavix unless instructed otherwise.

**3 DAYS PRIOR TO PROCEDURE:** Discontinue Coumadin unless instructed otherwise. Discontinue use of all aspirin and aspirin products, anti-inflammatories (ibuprofen, Advil, Motrin, naproxen, Aleve, Celebrex); use Tylenol if needed.



**1 DAY PRIOR TO PROCEDURE:**

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.** NOT EVEN WATER. No gum, lozenges, or candy. Exception: you may take your heart, blood pressure, seizure or asthma medications with a small sip of water no later than 6am the morning of your procedure.

### **CANCELLATION POLICY**

**We require a 48 hour notice for cancellations or to reschedule a procedure. If you do not provide a 48 hour notice you will be responsible for a \$100.00 missed procedure fee.**

*Q: What is an esophagogastroduodenoscopy (EGD)?*

A: Upper gastrointestinal endoscopy is a test in which a lighted, flexible tube utilizing advanced technology enables your physician to carefully visualize your esophagus and stomach. Biopsies and photographs may be taken at the time of your examination.

*Q: Why can't I drive myself home?*

A: You cannot drive yourself home because you will receive sedation. If you need to use a taxi or driver service, you will still need an adult companion (18yo or older) to accompany you.

If you have any questions, please refer to our website first  
([www.mdtecmd.com](http://www.mdtecmd.com) or [www.dda.net](http://www.dda.net)), or call:  
410-224-3636