

**ENDOSCOPY UNIT
DIVISION OF GASTROENTEROLOGY**

3800 Reservoir Rd NW
Washington, DC 20007
(phone) 202.444.8541
(fax) 877.303.1462

**ESOPHAGOGASTRODUODENOSCOPY (EGD)
ENDOSCOPIC ULTRASONOGRAPHY (EUS)
ENDOSCOPIC RETROGRADE CHOLANGIOPANCREATOGRAPHY
(ERCP)**

IF YOU ARE ON BLOOD THINNERS (COUMDADIN, PLAVIX, etc.), INSULIN OR OTHER DIABETIC MEDICATIONS PLEASE LET US KNOW AND CHECK WITH YOUR PRIMARY OR REFERRING PHYSICIAN FOR INSTRUCTIONS.

APPOINTMENT CONFIRMATION:

Gastroenterologist:

Dr. Stanley Benjamin
Dr. Firas Al-Kawas
Dr. James Lewis
Dr. John Carroll
Dr. Nadim Haddad
Dr. Kathy Bull-Henry
Dr. Aline Charabaty Pishvaian
Dr. Caren Palese

Date/ Time of Procedure: Arrive at:

PLEASE NOTE:

- You *must have a responsible adult to accompany you home* after the procedure. This person must pick you up in the Endoscopy unit.
- You *may not operate a motor vehicle* for the remainder of the day following your procedure.
- You *may not take a taxi or bus home unless accompanied* by a responsible adult.
- If you do not have a responsible adult to accompany you home your procedure will be cancelled.

- *If your insurance company requires a referral, YOU MUST BRING IT WITH YOU.* Also, please bring your *current insurance card(s)*, co-pay (if applicable), and a *current picture I.D.* with you on the day of your procedure.

DAY BEFORE YOUR PROCEDURE:

1. Nothing to eat or drink after midnight.
2. You may call the Endoscopy nursing staff at 202-444-3302 if you have questions in reference to your medications or procedure.

DAY OF YOUR PROCEDURE:

1. *Do not eat hard candy or chew gum.*
2. Wear comfortable clothing that is easy to remove and leave jewelry at home..
3. ***Report to Outpatient Registration on the 1st floor of the Main Hospital one hour prior to your scheduled procedure. Then proceed to room 2207 on the 2nd floor of the Main Hospital.***
4. Once you enter the Endoscopy Suite, you will be asked to put on a hospital gown. A nurse will review your medical history with you (*bring a list of your current medications allergies and a copy of your recent EKG*). An intravenous line (IV) will be started for your sedation during the procedure.
5. *When your procedure is done, you will remain in the recovery room for up to 1 hour.*
6. Your doctor will discuss the results of your procedure with you and give you a written copy of the report.
7. If you are having an ERCP, your doctor may admit you overnight for observation.

FREQUENTLY ASKED QUESTIONS:

What medications can I take the day before and the day of my procedure?

The day prior to your procedure take your medications the way you normally would. The morning of your procedure you should take any blood pressure or heart medications you may be on with a small sip of water. You can hold most other medications and take them once your procedure has been completed. If you have questions about a specific medication(s), please call a member of our clinical staff.

I am diabetic. Do I take my insulin?

A: You must direct that question to the physician who placed you on this medication. Please check your blood sugar the morning of your procedure as you normally would. If you have any questions about your diabetes management in conjunction with your fast for your endoscopic procedure, please consult with your primary physician.

I have been on Aspirin therapy for my heart. Should I continue to take it?

A: Aspirin may effect blood coagulation. Please check with your endoscopist and prescribing physician.