



MDTEC

Maryland Diagnostics & Therapeutic Endo Center  
621 Ridgely Avenue, Suite 101 (entrance in back of building)  
Annapolis, MD 21401  
**410-224-3636**

## PREP Liver Biopsy

The date of your liver biopsy is \_\_\_\_\_

Arrival time will be provided by a prep nurse 2-3 days prior to your procedure. Please bring your insurance card, photo ID, and a referral if necessary. If you do not have a referral, the procedure may be cancelled. You will receive sedation and must have someone 18 years old or older to accompany you and drive you home.  
If you are diabetic, please call our pre-op nurse for instructions (410-224-3636, ext 469).

PLEASE READ THESE INSTRUCTIONS NOW AND AGAIN ONE WEEK PRIOR TO PROCEDURE.

You will need bloodwork and a sonogram prior to your procedure to assess for the risk of bleeding. This must be completed within 90 days of the procedure.

**7 DAYS PRIOR TO PROCEDURE:** Please check with your prescribing physician for approval to stop Coumadin and/or Plavix. Discontinue use of all aspirin and aspirin products, anti-inflammatories (ibuprofen, Advil, Motrin, naproxen, Aleve, Celebrex); use Tylenol if needed. Also discontinue iron, vitamin E, and all vitamin and herbal supplements.

**5 DAYS PRIOR TO PROCEDURE:** Discontinue Plavix (clopidogrel).

**3 DAYS PRIOR TO PROCEDURE:** Discontinue Coumadin (warfarin).

**THE NIGHT BEFORE YOUR PROCEDURE: DO NOT EAT OR DRINK**

**ANYTHING AFTER MIDNIGHT.** NOT EVEN WATER. No gum, lozenges, or candy.

*Exception: you may take your heart, blood pressure, seizure or asthma medications with a small sip of water no later than 6am the morning of your procedure.*



### **Frequently asked questions:**

Q: *Why can't I drive myself home?*

A: You cannot drive yourself home because you will receive sedation. If you need to use a taxi or driver service, you will still need an adult companion (18yo or older) to accompany you.

Q: *When will I be notified of my biopsy results?*

A: If biopsies were taken at the time of your colonoscopy, you will receive a letter or a phone call with your results and recommendations typically within two weeks. Please do not call the office.

### **CANCELLATION POLICY**

**We require a 48 hour notice for cancellations or to reschedule a procedure. If you do not provide a 48 hour notice you will be responsible for a \$100.00 missed procedure fee.**

If you have any questions, please refer to our website first,  
([www.mdtecmd.com](http://www.mdtecmd.com) or [www.dda.net](http://www.dda.net)), or call: 410-224-3636