

## Redfield® IRC Treatment Instructions

You are scheduled for IRC treatment on \_\_\_\_\_

### What is infrared coagulation?

Since its introduction 20 years ago, infrared coagulation (IRC) has become a significant treatment option for internal hemorrhoids. This non-surgical treatment is fast and well tolerated. A small probe is placed above the hemorrhoid and a few short bursts of infrared light are applied. The infrared light quickly coagulates the vessels that provide the hemorrhoid with blood supply, causing the hemorrhoids to shrink and recede. Complete shrinkage may take several weeks and/or several treatments.

**You will need to purchase 2 Adult Fleets enemas in preparation for your procedure.**

### **ON THE DAY OF YOUR PROCEDURE:**

- Administer the first Adult Fleet enema 2 hours prior to your procedure.
- Administer the second Adult Fleet enema 1 hour prior to your procedure.

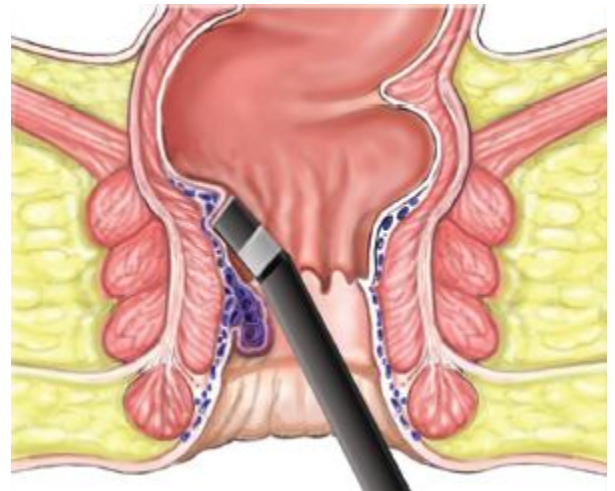
### **Frequently Asked Questions:**

*Q: Does it hurt?*

A: While patient sensitivity may vary, most patients report feeling a brief sensation of heat, but not acute pain. Local anesthesia is not required.

*Q: Are there any after-effects?*

A: Typically, there are no post-treatment effects. Most patients return to a normal lifestyle the same day. There may be slight spot bleeding a few days later. Heavy lifting and straining should be avoided, and aspirin avoided if possible for a few days.



If you have any questions, please refer to our website first  
([www.dda.net](http://www.dda.net)), or call:  
410-224-4887