



Maryland Diagnostic & Therapeutic Endo Center  
621 Ridgely Avenue, Suite 101 Annapolis, MD 21401  
410-224-3636

## Upper Gastrointestinal Endoscopy

You will receive sedation and must have a family member or friend who is 18 years old or older to accompany you and drive you home. A taxi is not an approved means of transportation without a family member or friend.

**PLEASE READ THESE INSTRUCTIONS NOW AND AGAIN ONE WEEK PRIOR TO PROCEDURE.**

### 7 DAYS PRIOR TO PROCEDURE:

Discontinue iron supplements, and all vitamins, minerals and herbal supplements. If you are diabetic contact the pre-op nurse at 410-224-3636 ext 496 to discuss medications.

**PATIENTS TAKING COUMADIN, PLAVIX, PRADAXA, ASPIRIN OR ANY OTHER BLOOD THINNERS, PLEASE CONTACT YOUR PRESCRIBING PHYSICIAN AND GASTROENTEROLOGIST FOR INSTRUCTIONS.**

### 3 DAYS PRIOR TO PROCEDURE:

Unless other wise instructed **STOP** taking Plavix; Coumadin; Pradaxa; and any other blood thinners. **STOP** all aspirin and aspirin products, NSAIDS (ibuprofen, Advil, Motrin, naproxen, Aleve, Celebrex) unless on these medications for medical conditions other than arthritis or pain management; use Tylenol if needed.

### NIGHT BEFORE YOUR PROCEDURE:

You may eat a normal dinner. **\*\*Hold ALL Aminosalicylates (Colazal, Asacol, Canasa, Dipentum and Azulfidine)\*\***

### DAY OF YOUR PROCEDURE:

**Reminder:** Please take your **Blood Pressure Medications, Antibiotics, PPI/Acid Blockers and H<sub>2</sub>Blockers** medication (Prevacid, Aciphex, Protonix, Prilosec, Zegerid, Pepcid, Zantac, Kapidex & Dexilant) the morning of your procedure unless instructed. Do not take any liquid antacids (Maalox, Mylanta, Pepto-Bismol, or Carafate/Sucralfate, etc).

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT (THE NIGHT BEFORE YOU PROCEDURE) EXCEPT A SIP OF WATER WITH YOUR MEDICATION AS DISCUSSED WITH THE PRE-OP NURSE.\*** Absolutely NO Chewing Gum, Throat Lozenges, Candy or Mints are allowed the day of your procedure.\*

### CANCELLATION POLICY

**We require a 48 hour notice for cancellations or to reschedule a procedure. If you do not provide a 48 hour notice you will be responsible for a \$100.00 missed procedure fee.**

*Q: What is an esophagogastroduodenoscopy (EGD)?*

A: Upper gastrointestinal endoscopy is a test in which a lighted, flexible tube utilizing advanced technology enables your physician to carefully visualize your esophagus and stomach. Biopsies and photographs may be taken at the time of your examination.

*Q: Why can't I drive myself home?*

A: You cannot drive yourself home because you will receive sedation. If you need to use a taxi or driver service, you will still need an adult companion (18yo or older) to accompany you.

If you have any questions, please refer to our website first

([www.mdtec.md.com](http://www.mdtec.md.com) or [www.dda.net](http://www.dda.net)), or call:

410-224-3636