

Bravo Esophageal pH Monitoring

The purpose of this test is to analyze the amount of acid exposure that comes into your esophagus during a 96 hour period.

Discuss with your physician if you are to discontinue any medication known to affect the gastrointestinal function or acid secretion.

Pre-Test Instructions:

- If your test is scheduled in the morning, you must not eat or drink anything after midnight the night before your test. If your test is scheduled in the afternoon, do not eat or drink anything 6 hours before your test.
- Please remove all nail polish so that the pinkness of your nail beds can be monitored.
- If you're diabetic:
 - Ask they physician if you should adjust your insulin or oral medications on the day of the procedure.
 - On the day of the procedure, please bring your insulin with you.

On the day of your procedure report to:

MDTEC Surgery Center, 621 Ridgeley Avenue, Suite 101 Annapolis, MD 21401

The Procedure

The next part of the procedure is the Upper Endoscopy. The physician will examine your esophagus, stomach and duodenum with a flexible video endoscope. During the procedure you are sedated to help you relax. The Bravo capsule is then attached to the lining of the esophagus, and the endoscope is removed. The capsule will remain in the esophagus transmitting its information to a portable digital data recorder worn around your waist and after a few days the capsule should fall off and pass uneventfully through your stomach.

After the procedure, you will stay a minimum of 1 hour or until the sedation wears off. You will NOT be allowed to drive yourself home. Someone must come to pick you up after the exam. You will need someone to accompany you if you're taking a taxi or public transportation.

During 96 Hour Test (4 Days):

Do NOT get the recorder wet

You will be instructed to keep a diary over the next 96 hours indicating when you are eating, when you lie down, when you go to sleep and wake up, and when symptoms occur. At the completion of the 96 hours you will return the recorder to Annapolis Office at DDA, 621 Ridgely Avenue, Suite 201.

Post Test Instructions:

When you have finished with this test you may resume normal activities. Arrange to discuss the results of your test with your physicians. If you have any questions, please call 410-224-3636.