

**PREPARATION INSTRUCTIONS FOR  
ANORECTAL MOTILITY STUDY**

**Date of Procedure:** \_\_\_\_\_

**Time of Procedure:** \_\_\_\_\_

**Gastroenterology**

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This procedure involves passing a very narrow tube into the anal canal. The procedure measures pressure throughout the rectum and anal canal to determine how well the muscles in this area function. During the procedure you will be asked to squeeze your anal muscles, push, and indicate when you feel balloon inflation in the rectum. This is a very easily tolerated procedure with only perhaps the sensation of fullness in the rectum. The procedure takes 20 minutes to perform. You will be able to work or go home immediately after the procedure.

**PLEASE NOTE THE BALLOON ON THE END OF THE  
PROBE IS LATEX. IF YOU HAVE A LATEX ALLERGY WE  
WILL BE UNABLE TO DO THE PROCEDURE.**

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**INSTRUCTIONS:**

- One or Two Fleets enema two hours before the procedure.

Please inform us prior to your procedure date if you have any physical limitations that would make it difficult to climb onto an exam table or lay on your right side for an extended period of time.

If you have not followed the proper prep for your procedure your appointment will be rescheduled.

It is your responsibility to check with your insurance company for any pre-authorization for any procedure. Your appointment might be canceled if you don't have the proper paperwork, referrals, or pre-authorizations (if needed). Please leave valuables at home or with a responsible transportation provider.